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# PACKING SUGGESTIONS

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SACRED CIRCLES TRIBAL DANCE RETREAT

## CLOTHING / DANCE ITEMS

- Comfortable dance clothes
- Clothes to wear when not dancing – not that there is much time that we aren't dancing ☺
- Dance shoes for those who prefer to dance in shoes
- Shoes to dance outside by the fire pit
- Costume for Hafla & ATS® Flash Mob
- Dance cover-up
- Jacket or sweater – dress in layers; it could be anywhere from the mid 30's to mid 70's
- Legwarmers / arm warmers
- Walking shoes if you would like to take a hike in the woods
- Skirt for skirt class and ATS classes
- Zills
- Sword if you're taking sword class
- Drum if you are taking drum class or want to play at the drum circle
- Umbrella / rain coat / rain poncho
- Slippers for your cabin

## TOILETRIES

- Bath towels, hand towels and washcloths
- Bag for laundry
- Toothbrush, toothpaste, soap for body & hands, shampoo
- Hairbrush/comb
- Makeup
- Shower shoes / flip-flops
- Bath Mat
- Extra TP
- Air Freshener

## BEDDING

- Sleeping bag or set of sheets and blanket (there are spring cots with mattresses, but you will need your own sheets or sleeping bag)
- Air Mattress
- Pillow

## MISCELLANEOUS

- Flashlight** – it gets very dark at night in the woods
- Water bottle – we provide big-bottle water
- Emergency sewing kit
- Safety pins
- Hair ties
- Prescription medications, aspirin / Tylenol / ibuprofen
- Cash and credit cards for vendors
- Snacks - if you bring snacks, they must be in a sealed container (we are in the woods and raccoons like snacks too!)
- Rug for your cabin floor
- Scarves/veils to decorate the walls (there are coat hooks that line the walls of the cabin above the beds)
- Needlework, craft supplies – we love to sit around and share crafting and costuming ideas!
- Camera
- Yoga Mat
- Phone Charger
- Night light
- Reading light
- Notebook & pen for class
- Business cards
- “The cabins usually smell like mold and teenage desperation, so bring a candle or something to make it smell better.” ~Valizan